

# HEDtalks

at the Railway Hotel,  
Clifftown Road, Southend

An early afternoon TEDtalk-inspired event.  
Listen to ten different people speaking telling  
their involvement with mental health, from a  
multitude of perspectives.

Open your head, ask questions  
and get inspired

May 29 2016 12 noon to 4pm

Free entry, donations appreciated.



For more information please contact

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Southend and  
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